

CT IV CONTRAST PREP FORM

**IF YOU HAVE EVER HAD AN ALLERGIC REACTION TO IV CONTRAST OR X-RAY DYE,
PLEASE INFORM THE SCHEDULER.**

Patient Name: _____ Exam: _____

Appointment Date: _____ Check-In Time: _____ Location: _____

▪ **On the day of your exam:**

- Do not eat anything 4 hours prior to your appointment.
- Hydrate well with water or non-caffeinated clear liquids up to the time of your scan.

- No diuretics (water pills) on the day of the exam or the day after the exam.
- Attempt to wear clothing without any metal (Example: zippers, underwire, buttons, etc.)
- All necessary medications can be taken, with the following exception for Diabetics.

DIABETICS: Stop taking diabetic medications that contain METFORMIN 4 hours prior to your exam and do not resume until 48 hours after your exam. These include:

METFORMIN BRAND NAMES:

- Metformin
- Fortamet
- Glucophage/Glucophage XR
- Glumetza
- Riomet
- Fortamet

MEDS CONTAINING METFORMIN:

- Actoplus Met
- Avandamet
- Glucovance
- Eucreas
- Kanzo
- Kombiglyze
- Invokamet/XR
- Janumet/XR
- Jentadueto/XR
- Metaglip
- Prandimet
- Synjardy/XR
- Segluromet
- Xigduo

- Insulin can be taken as directed. You may eat a small snack if necessary for insulin control up to 2 hours prior to your scan.

If you have any questions regarding these instructions, please call an imaging office listed below.

North Office
605 E Holland, Ste 100
Spokane, WA 99218
509-228-1000

South Office
601 S Sherman St
Spokane, WA 99202
509-228-1000

Valley Office
1204 N Vercler Rd
Spokane, WA 99216
509-228-1000