

CT ORAL CONTRAST PREP FORM

IF YOU HAVE EVER HAD AN ALLERGIC REACTION TO IV CONTRAST OR X-RAY DYE,
PLEASE LET THE SCHEDULER KNOW. DO NOT EAT ANYTHING 2-4 HOURS BEFORE YOUR SCAN.

Patient Name: _____ Exam: _____

Date: _____ Check In Time: _____ Appt Time: _____ Location: _____

- **On the day of your exam**, please hydrate well with clear liquids such as:

Water	Pop without caffeine
Clear broth or juice	Decaf tea
Gatorade/Sports Drinks	Decaf coffee (cream & sugar OK)
Jell-O (any flavor)	* No caffeine on the day of your exam

- **Instructions for drinking oral contrast: CCNW uses Water unless Specified**

- 1) DRINK (8oz) 2 HRS BEFORE STUDY _____
- 2) DRINK (8oz) 1 HR 30 MINUTES BEFORE STUDY _____
- 3) DRINK (8oz) 1 HR BEFORE STUDY _____
- 4) DRINK (8oz) 30 MINUTES BEFORE STUDY _____

* You may receive 1 extra glass just before the scan.

- All necessary medications can be taken, with the following exception for Diabetics.
- **DIABETICS: STOP TAKING THESE DIABETIC MEDICATIONS 4 HOURS PRIOR TO YOUR EXAM AND DO NOT RESUME UNTIL 48 HOURS AFTER YOUR EXAM.**

* Glucophage	* Avandamet	* Glucovance	* Fortamet
* Metformin	* Janumet	* Metaglip	* Riomet
* Glumetza	* Actoplus Met		

- Insulin can be taken as directed. You may eat a small snack if necessary for insulin control until 2 hours before scan.
- No diuretics (water pills) on the day of the exam or the day after the exam.
- Try to avoid nonsteroidal medications (NSAIDS) on the day prior to and the day of your exam. (i.e. Ibuprofen, Advil, Motrin, Aleve)

If you have any questions regarding these instructions, please call an imaging office below.

South Office
601 S Sherman St
Spokane, WA 99202
509-228-1000

North Office
605 E Holland, Ste 100
Spokane, WA 99218
509-228-1400

Downtown Office
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102
Spokane, WA 99204
509-228-1600