

CT SCAN PREP FORM

**IF YOU HAVE EVER HAD AN ALLERGIC REACTION TO IV CONTRAST OR X-RAY DYE,
PLEASE LET THE SCHEDULER KNOW. DO NOT EAT ANYTHING 2-4 HOURS BEFORE YOUR SCAN.**

Patient Name: _____ Exam: _____

Date: _____ Check In: _____ Appt: _____ Location: _____

If you have any questions regarding these instructions, please call an imaging office below.

- **On the day of your exam**, please hydrate well with clear liquids such as:
 - * Water
 - * Clear broth or juice
 - * Decaf tea
 - * Decaf coffee (cream & sugar OK)
 - * Pop without caffeine
 - * Gatorade/Sports Drinks
 - * Jell-O (any flavor)
 - *No caffeine on the day of your exam

- **Instructions for drinking oral contrast:**
 - 1) DRINK ½ bottle (8oz) 2 HRS BEFORE STUDY _____
 - 2) DRINK ½ bottle (8oz) 1 HR 30 MINUTES BEFORE STUDY _____
 - 3) DRINK ½ bottle (8oz) 1 HR BEFORE STUDY _____
 - 4) DRINK ½ bottle (8oz) 30 MINUTES BEFORE STUDY _____

You may receive 1 extra glass just before the scan.

- **All necessary medications can be taken with the exception being Diabetic.**
- **DIABETICS: STOP TAKING THESE DIABETIC MEDICATIONS 4 HOURS PRIOR TO YOUR EXAM AND DO NOT RESUME UNTIL 48 HOURS AFTER YOUR EXAM.**
 - * Glucophage * Avandamet * Glucovance * Fortamet
 - * Metformin * Janumet * Metaglip * Riomet
 - * Glumetza *Actoplus Met
- **Insulin can be taken as directed. You may eat a small snack if necessary for insulin control until 2 hours before scan.**
- **No diuretics (water pills) on the day of the exam or the day after the exam.**
- **Try to avoid nonsteroidal medications (NSAIDS) on the day prior to and the day of your exam.** (i.e. Ibuprofen, Advil, Motrin, Aleve)

South Office
601 S Sherman St
Spokane, WA 99202
509-228-1000

North Office
605 E Holland, Ste 100
Spokane, WA 99218
509-228-1400

Deaconess Office
910 W Fifth Ave, Ste 102
Spokane, WA 99204
509-228-1600